



Christmas at the Bristol Trader

Meat Dishes

GF ASK FOR DF 10 oz Rump Steak £19.50

Prime Welsh rump of beef pan-fried and served with garden peas, grilled tomato & mushrooms

GF ASK FOR DF 10 oz Gammon Steak £14.50

Choice pan fried gammon steak from our local butcher

Served with garden peas, grilled tomato & mushrooms Add Pineapple or Egg £1.00 each

7oz Prime Welsh Beefburger £11.75

In a bun with onion, tomato & lettuce with coleslaw, add bacon @ £1.10 add cheese @ £1.00

Festive Turkey Burger £14.95

Served on a bed of lettuce and orange & cranberry sauce, topped with cheese, sausage meat stuffing wrapped in bacon & parsnip crisps With fries and a side of gravy

Trader Beef Lasagne £11.95

Homemade to our own recipe with Welsh beef from our local butcher, with salad & Trader coleslaw garnish

All the above are accompanied by your choice of fries, jacket or full salad

ASK FOR DF Steak & Onion Baguette £11.95

Succulent strips of Welsh rump steak, pan-fried with onions in a crusty baguette, served with fries

Why not add - Cheese £1.00 Mushroom £1.00 Salad & Trader Coleslaw garnish £2.00

ASK FOR DF Chilli Dog £12.95

Bratwurst Sausage, Chilli con Carne & melted cheese in a brioche bun with fries on the side

ASK FOR DF Chicken Salad Sandwich £7.50

Succulent slices of chicken breast on a bed of house salad in slices of malted bloomer bread

Served with coleslaw and crisps

ASK FOR GF Trader Sexy Wedges £10.95

Our very own recipe of deep fried potato wedges - served with bacon, onion, garlic and sweet chilli sauce topped with melted cheese, salad & Trader coleslaw garnish

ASK FOR DF Texan Style Pulled Pork £12.95

With a "smokey" BBQ Sauce in a soft roll, topped with cheese & onion rings

Served with Cajun wedges and Trader coleslaw

Pork Schnitzel £15.25

Pork tenderloin coated in panko breadcrumbs pan-fried in butter

Served with fried egg, peas & fries Why not add a Mushroom Sauce? £3.00

Aromatic Braised Beef with Figs £15.25

Pembrokeshire prime beef braised with warming festive spices and figs.

Served with creamy mashed potato and roasted vegetables

GF Beef Stroganoff £13.95 Add £1.50 for 1/2 & 1/2

Made with prime Welsh beef in a classic stroganoff sauce Served with rice or fries

Venetian Duck Ragu £13.50

Duck leg simmered slowly over many hours with tomatoes, red wine, herbs and a hint of cinnamon culminating in a rich and meltingly tender ragu

Served with penne pasta and topped with freshly grated parmesan cheese

ASK FOR  ASK FOR VEGAN GF/GLUTEN FREE DF/DAIRY FREE ASK FOR GF/DF ASK FOR GLUTEN/DAIRY FREE

All dishes subject to availability

More Meat Dishes

Ask for GF **Homemade Chicken Curry £11.75** Add £1.50 for 1/2 & 1/2

Succulent chicken breast in a delicious, vibrant, hand- made sauce using authentic Indian ingredients to our own in house recipe Served with rice or fries, Naan bread & poppadom

DF **Beef or Chicken Stir Fry £13.50**

Choose from strips of prime Welsh beef, succulent chicken breast or Halloumi stir fried with assorted fresh vegetables of the day and noodles in a vibrant oriental sauce

GF **ASK FOR DF** **Thai Rare Beef OR Chicken OR Halloumi Salad £13.50**

Choose from strips of prime Welsh beef steak, slices of tender chicken breast or Halloumi tossed in our house salad and served with rainbow rice, garlic & rosemary potatoes and chef's own amazing Thai dressing (contains nuts)

Sundried Tomato and Marsala Chicken £13.25

Medallions of succulent chicken breast delicately poached in a rich sundried tomato sauce with marsala, a hint of spice and finished with cream Served with caraway rice & peas

Japanese Braised Pork £14.75

Slow cooked pork belly braised in a rich sauce bursting with Oriental & umami flavours Served with onigiri (moulded rice), sesame seasoned greens & crispy rind straws

Fish Dishes

Battered Cod* £11.95

Fillet of line caught cod, cooked in our handmade batter served with peas

Scampi* £11.95

Wholetail scampi served with homemade tartar sauce, salad & Trader coleslaw garnish or peas

*** Accompanied by your choice of fries, jacket or full salad**

GF DF **Salmon Moilee £14.95**

Luscious salmon in a moilee sauce of green chilli, garlic, ginger & coconut milk Served with rice

Cod Loin £15.00

Panko crusted cod loin on a bed of mash with a vibrant and flavourful leek, pea & herb sauce. Served with crispy pancetta, tender stem broccoli & poached egg

Vegetarian

DF **Vegetable Stir Fry £11.50**

Fresh vegetables stir fried with noodles in a vibrant oriental sauce

ASK FOR  **ASK FOR GF** **Veggie Sexy Wedges £10.50**

Our very own recipe of deep fried potato wedges, served with mushroom, onion, garlic and sweet chilli sauce topped with melted cheese, salad & coleslaw

ASK FOR GF **Vegetable Curry £11.75**

Paneer, spinach and chickpea curry, handmade to our own in house recipe using authentic Indian ingredients, Served with rice or fries, Naan bread & poppadom Add £1.50 for 1/2 & 1/2

ASK FOR  **GF DF** **Rainbow Stir Fry £11.75**

Fresh vegetables stir fried with Rainbow Rice in a vibrant oriental sauce

 **Winter Squash & Chestnut Bake £12.75**

A truly satisfying winter dish with mushroom, chestnuts & butternut squash baked with pine nuts, oat cream and flavours of garlic & thyme. Served with a selection of vegetables.

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